

2-Day Workshop Approved by EMDRIA for 14 CEUs

"STEP BY STEP: MAKING EMDR TREATMENT EFFECTIVE AND DEVELOPMENTALLY APPROPRIATE FOR CHILDREN AND ADOLESCENTS"

Presented by Ana M. Gomez, MC, LPC

**Internationally-Acclaimed Speaker on EMDR with Children & Teens,
Author, Psychotherapist and EMDRIA Approved Consultant**



When: Thursday, July 2nd and Friday, July 3, 2009
Where: Okanagan College, KLO Campus,
1000 KLO Rd., Kelowna, British Columbia, Canada
Time: 8:30 am to 4:30 p.m. daily. Lunch and snacks included on both days.
Special Group Rates for Guest Accommodations, breakfast included @ the Holiday Inn Express, Kelowna. For Toll-Free Hotel Reservations call 1-800-465-0200 and quote Dr. Kathleen Reay Inc. at time of booking. Hotel must be booked by June 24 for group rate.

Who Should Attend?

Participants must have a minimum of Master's level training in a mental health discipline, belong to a professional organization with a code of ethics, and have been certified in Level I and preferably Level II EMDR training. Enrollment is limited.

About the Presenter:

Ana M. Gomez, MC, LPC is an internationally-acclaimed speaker on the topics of trauma and the use of EMDR with children and adolescents. Ana is an EMDRIA approved consultant and has developed and written two EMDR protocols for children that are included in the upcoming book "EMDR Scripted Protocols: Special Populations" Edited by Dr. Marilyn Luber. Ana is known for her inspiring training workshops throughout the United States, Brazil and Canada. She has been a presenter on several occasions at EMDRIA conferences in the US, recently presented at the EMDR Canada Conference in Vancouver, is a facilitator for the EMDR Institute and is an EMDR-HAP trainer-in-training. She has served as a practicum supervisor at the Educational Psychology Department at Northern Arizona University. In addition, Ana is a psychotherapist in private practice in Phoenix, Arizona. Ana works with children and families affected by trauma. She also specializes in working with adults dealing with issues of depression, anxiety, trauma, abuse, complex PTSD, grief and loss. Ana is the author of "Dark, Bad Day...Go Away", a book for children about trauma and EMDR. Further, Ana is the creator of "The Thoughts Kit for Kids" which is part of a series of games and tools designed to make EMDR treatment developmentally appropriate for children. Her advanced EMDR training programs are in high demand among mental

health professionals who are certified in basic or other advanced EMDR training. Ana educates in a fun and engaging manner. She speaks with compassion and passion, making the entire 2-day workshop an experience that participants will likely hold in their hearts and minds forever as they learn greater skills to help enhance the lives of their young clients. Her book and possibly other products she's developed for clinicians will be available for purchase at the workshop.

What You Will Learn:

This 2-day workshop focuses on specific strategies that will assist clinicians in following the EMDR principles and procedures while meeting the developmental needs of children and adolescents. Clinicians will learn how to make EMDR treatment successful and effective even with difficult clients. This workshop has 18 video clips that explain step by step each phase of the EMDR protocol. Participants attending this workshop will be able to:

- * Develop case conceptualization skills and treatment plans based on the Adaptive Information Processing model (AIP).
- * Use effective strategies to work with caregivers in all phases of the protocol.
- * Identify key factors when establishing the client's readiness for EMDR treatment.
- * Effectively prepare children and adolescents for EMDR treatment. This includes resources for stabilization and affect regulation as well as the use of RDI (Resource Development and Installation) and PAT (Positive Affect Tolerance) to strengthen the parent-child bond.
- * Identify targets using developmentally appropriate floatback and mapping strategies.
- * Use story-telling, narrative and play therapy techniques as well as sand tray strategies with dissociative, avoidant and resistant children and adolescents.
- * Use different types of cognitive interweaves that are more suitable for children and adolescents.
- * Use "The Skill Building Phase" and EMDR Games to effectively administer the standard EMDR protocol with children and adolescents.

Fee: Early Bird Single Enrollment (received by June 4th): \$345 + 5% GST = \$362.25
Regular Single Enrollment effective June 5th \$375 + 5% GST = \$393.75
3 or more registrants from same organization each \$365 + 5% GST = \$383.25

Note: All fees are in Canadian Dollars.

Registration Fee Includes workshop handout package, certificate of completion and various other materials to be used throughout the workshop. Lunch and snacks provided daily. This 2-day workshop is approved by EMDRIA for 14 CEUs upon completion.

HOW TO REGISTER: This training workshop is hosted by Dr. Kathleen M. Reay, Inc., a leader in providing integral cutting-edge professional development training programs in the Okanagan, B.C. You can register online at www.kreaycounselling.com; telephone our office at 250-490-7605, fax the attached registration form to 250-276-6236 or email as an attachment to drkathleenreay@shaw.ca Payable by cash, cheque, money order, Visa or American Express (AMEX) credit cards.

The Registration Form is on the following page:

Registration Form

2-Day Workshop: "Step by Step: Making EMDR Treatment Effective and Developmentally Appropriate for Children and Adolescents"

Registrant's Name: _____ Ms. Mr. Dr.

Please check off the appropriate box:

- I am EMDR Certified in Level 1
 I am EMDR Certified in Level II

Company/Organization: _____ Position: _____

Street Address: _____ Suite/Apt: _____

City: _____ Province/State _____ Postal Code/Zip Code _____

Business Phone: () _____ Evening Phone: () _____

Fax: () _____ Email: _____

Please select a payment method:

Cheque Money Order (Payable to Dr. Kathleen M. Reay, Inc.)

Visa. American Express Mastercard

Charge Card # _____

Expiry Date: _____ Amount Paid: \$ _____ Name on card: _____

Your signature: _____

Group Contact Person (Optional): _____

Please specify how you found out about this workshop _____

PLEASE NOTE: The full amount of the workshop must be paid at the time of registration and must also be paid no later than two (2) weeks prior to the workshop date. Space in the workshop will not be confirmed until the full amount of the workshop has been received. Registrants will be advised via fax or email that space has been reserved. Official receipts will be issued by regular mail.

CANCELLATION POLICY: Cancellation must be received by telephone and in writing. A \$75.00 cancellation fee will be retained if cancellation occurs 32 days prior to the course. No cancellations within 31 days; however, arrangements may be made with our office for a substitute participant or full credit towards future professional development training programs hosted by Dr. Kathleen M. Reay, Inc. Our liability is limited to refunds for workshop fees only. Dr. Kathleen M. Reay, Inc. reserves the right to cancel the training program. Please ensure that your travel arrangements including lodging, airfare and/or car rentals are done with this in mind. Dr. Kathleen M. Reay, Inc. will not be held responsible for any participant's or presenter's statements, behaviours, omissions or materials. Thank you.